

EAT. DRINK. SOCIALIZE.

BECKETT RIDGE

Monday - Friday
Breakfast: 7:30 am - 9:00 am
Lunch: 11:00 am - 1:30 pm

WEEK OF MAY 6



RISE & SHINE

WEEKLY BREAKFAST SPECIALS

includes choice of side

FIT italian sausage spinach mushroom omelet 6.50
blueberry buttermilk pancakes (V) 6.00

MON

CHEF TABLE: GRILLED CHICKEN CAESAR SALAD

8.40

crisp romaine lettuce tossed with parmesan cheese and caesar dressing topped with croutons and grilled chicken

TUES

CHEF TABLE : TACO SALAD

8.99

build fresh taco salad with chicken, black beans, pico, sour cream, lettuce, cheese, corn and tortilla strips

WED

MEZZE: BAKED FALAFEL, CHICKEN SOUVLAKI BOWL

8.40

choice of FIT baked falafel (VG) or FIT chicken served with lettuce, cucumber, tomato, onions, tzatziki, pita bread and roasted vegetables

THURS

APAH MONTH: FILIPINO CHICKEN

9.99

served with pinoy style potato salad and roasted vegetables

FRI

COOL CHIX: CHICKEN OR INCOGMEATO (V) NUGGET BITES

11.00

hand breaded dill pickle brined, grilled honey mustard brined chicken nugget bits, or incogmeato (V) bites served with sweet smoke potato wedges and whole grain biscuit

WEEKLY FEATURES

AVAILABLE ALL WEEK FLAME GRILL SPECIALS

includes choice of side

bbq portobello mushroom sandwich (V) 8.40

SWAP YOUR SIDE

FIT roasted brussels sprouts (VG)

SOMETHING
DELICIOUS
AWAITS YOU

SOUPS

MONDAY

tomato basil
loaded potato

TUESDAY

corn chowder
chicken and dumpling

WEDNESDAY

vegetables soup
tuscan wedding

THURSDAY

broccoli and cheese
chicken noodle

FRIDAY

beef and barley
southwest tortilla

CONNECT
WITH US



eatatpg.com

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